

Kimberly Englot's Authentic Self Manifesto

The only thing worthy of your attention is why you can.

I believe that you have the potential for greatness. I believe that if God brings you to it, He'll bring you through it. I believe in God, Source, the Universe, ArchAngels, Guardian Angels and Spirit Guides.

I believe in the Law of Attraction and that you are responsible for the life you create.

I believe that everyone deserves a second chance and that you have the right to say Yes, No, Maybe or to change your mind completely. I believe you have a right to the best life possible and that there is more than enough success, happiness, health and wealth to go around.

Love drives me. I believe that love is the universal truth.

I stand for courage and your ability to not settle for good enough when it comes to your own life.

The quality of your life depends solely on your perspective and your willingness to take responsibility for your results and your own happiness.

I believe that you're doing the best you can, with what you have, at this moment.

"I believe that nothing is impossible. The word itself says I'm Possible."

I am determined to do what it takes to be happy, and that often just means that I change perspective, relax and trust.

I am living my truth. I am no longer settling for good enough and no longer happy playing small because I realize that playing small for the sake of other's ego's does nothing but hold us both back.

Success and freedom drive me.

I take good care of my mind, body and spirit. I love fully and release those who are not for my highest good.

I am okay being labeled as "selfish" because I know it really means I'm self-ish and that I refuse to bend my dreams to accommodate someone else's whims. I will never hold myself down to make another feel successful. I will never play small so that you can feel big.

My Mission Statement is: What if we were all okay?

What if we didn't need to work on ourselves, but just live in the moment and realize that life was unfolding perfectly?

I follow my intuition and trust my gut when it comes to first impressions of people and places.

I ask my guides to help me find things that I've lost (they always help).

I ask my angels to keep me and my family safe.

I am a person who exercises regularly to free my mind, keep my body limber and release toxins.

I believe that anything is possible if I set my mind to it.

I believe that a clean environment leads to a clean heart and a joyful life.

I challenge my Automatic Negative Thoughts and limiting beliefs daily. I do not allow excuses or victim stories in my life, or the life of my clients.

I believe that being open minded is the true path to success. I don't tolerate the bashing of someone else's beliefs.

I believe in abundance but that there is no need to be wasteful or consume for the sake of consuming.

I believe in helping others succeed.

I believe that everything is energy.

I believe that consistency and congruence are keys to success. Transparency and integrity drive me.

I am a morning person. I love animals. I am very introverted.

I believe in seeking harmony rather than balance because balance is unrealistic and not what you're looking for anyway.

I believe that laughter cures all. And that smiles and hugs can do more than most medications.

I believe you never stop learning. I am constantly pursuing knowledge. I believe that education is the key to growth.

I believe in following dreams.

I believe that people come into your life to teach you things.

I believe that love and acceptance of yourself will set you free.

I believe in taking time off. I believe in appreciating those around you, daily. I believe a kind word means more to people than money.

I believe in cherishing each moment and the people you are with.

I believe that there is no "good" or "bad" and that those words are just labels we apply to help us understand the world we live in.

From this day forward I dedicate myself to living my life as fully as possible, living up to my potential, growing every day, laughing, playing and loving. I promise to support those around me to do the same.